

- **Homework Week 5**

Warm Up

- Do the physical body and head warm-ups we do in class

Singer's Breath

- Proper posture
- Say 'ah'
- Place hands on chest and stomach
 - Hand on stomach is the only one that should feel movement
- Breath in for a count of four
 - On 1, fill lungs 1/4 full
 - On 2, fill lungs 1/2 full
 - On 3, fill lungs 3/4 full
 - On 4, fill lungs completely
- Exhale with a 'ssss' for 12 counts
- Repeat 5 times

Exercise - Straw

- Blow into the liquid keeping the bubbles at a constant height.
- Pick your 'ice cream' note and verbalize on 'ooo'
 - Feel the tingle in lips, nose and around the eyes
- Follow along with "**Bouncing Ball 3-note arpeggio ascend/descend**" in "Exercises/Video" section of this site, again on an 'ooo'.

Exercise

- With your tongue, find the dome in your hard palate.
 - Just before the roof of your mouth drops down toward your front teeth
 - Do it several times
 - Concentrate on the feeling in the roof of your mouth where your tongue touches
- Sing the 'ooooo' vowel
 - Feel it in the same place that was touched by your tongue
 - Will naturally place resonance in you 'mask'.
 - Feel it vibrate in the dome, nose and eye area.
- Morph to an 'eeeeee' vowel and try to feel the same sensations.
- Morph again to an 'ah' vowel and try to keep the forward placement.

Exercise

- Singing the nonsense syllable “N-yeah”
 - Place the sound in the same spot on your hard pallet
- Sing “**Bouncing Ball Octave Intervals**” in “*Exercises/Video*” section of this site using the ‘N-yeah’ sound.

Exercise

- Pick any other two of the voice exercises in the *Exercises/Video* section of this web site and follow along as best as possible.

Exercise

- Using your handout for *Love Me Tender* (the one where the first note is Eb)
 - Pick various notes from the song and match the pitch
 - Use your TE Tuner to assess your accuracy.
 - Sing along with *Love Me Tender* in the “*Exercises/Audio*” section this site
 - Record yourself
 - Find one thing you like about your singing
 - Find **one** thing you would like to work on
 - We can discuss in the next class

Exercise

- Using the *Newfangled Four Tag* handout
 - Pick each of the notes in your assigned ‘Version’ and match pitch
 - Use TE Tuner to verify accuracy
 - Sing your ‘Version’ along with the corresponding ‘Version’ found on the *Exercises/Audio* section of this web site.

Songs For Fun

- Sing along with selected ballads in the *Sing Along* section of this web site.n